## ommun chool R Holden R-3 School District February 2025

## Powerlifting Team Is Crushing It

The Holden High School Powerlifting Team is off to an impressive start as they begin their 2025 season. With around 50 student-athletes respresenting all grade levels, the team is growing in both numbers and ambition. Last year, the Eagles competed in



two events, but this year, they aim to double that. At the Lansing Lion Classic on January 25, the lifters put in a strong performance. The Junior Men's Team (9th & 10th grades) placed 4th overall, then Men's Team



(11th & 12th grades) finished 6th. and the Women's Team secured an outstanding 3rd-place finish. Their next challenge is Saturday, February 8, at the Bobcat Power Invitational.

## Help Recognize R-3 Alumni!

Learn more and submit a nomination at holdenschools. submit a nomination at holdenschools.org/halloffame. org/alumni. Nominations are due by March 17, 2025. Nominations are due by May 17, 2025.

Do you know a Holden R-3 graduate who has made a Do you know an athlete, coach, or contributor who has meaningful impact in their field or community? Nom- made a lasting impact on Holden R-3 athletics? Nominate inate them for the **Distinguished Alumni Award!** This them for the **Holden Hall of Fame!** This recognition celhonor celebrates former students whose achievements ebrates individuals whose dedication and achievements inspire others and reflect the values of our district. have shaped our athletic programs. Learn more and

**RSVP for Upcoming Events!** 

Come have some delicious soup and hear about the happenings at Holden R-3 at Soup with the Supe on

Tuesday, March 4, at 7:00pm in the Holden High School

cafeteria. To RSVP, call 816.732.5568, email hello@

WITH THE

Our Senior Citizen Luncheon will be held beginning at

12:00pm on Friday, March 28, at Holden High School

and include a free meal as well as student-led enter-

tainment. To RSVP, call 816.732.5568, email hello@

holdenschools.org, or scan the QR code below:

Senior Citizen Luncheon

holdenschools.org, or scan the QR code below:

## UPCOMING EVENTS

Sat 2/8	Youth Cheer Camp @ ES Gym 1-3pm	Sat 3/1	MS/HS Science Olympiad Regionals @ William Jewel
	Court/Mat-warming Dance @ HS Gym 7-9:30pm		MS Choir @ UCM 5th/6th Grade Honor Choir Festival
Mon 2/10	Board of Education Mtg @ MS Library 7pm	Mon 3/3	Board of Education Mtg @ MS Library 7pm
Wed 2/12	Scholar Bowl Varsity Quad @ Knob Noster 5pm	Tue 3/4	Soup with the Supe @ HS Cafeteria 7pm
Thu 2/13	MS Valentine Dance @ HMS 6-8pm	Wed 3/5	Project Grad 2025 Meeting @ HS Cafeteria 6pm
Fri 2/14	No School - Teacher Inservice	Thu 3/6	MS Band/Choir Spring Concert @ HS Gym 7pm
Sat 2/15	Scraphead Robotics Super-Qualifier @ East Trails	Fri 3/7	HES Reading Night @ ES 5:30-7:30pm
Mon 2/17	No School - Presidents Day		HMS PTSO Kids' Night Out @ HMS 5:30-7:30pm
Sun 2/23	HS Cheer @ State Competition	Sat 3/8	Scraphead Robotics MO/KS Championship
Wed 2/26	HS Cheer Banquet @ HS Cafeteria 6-7:30pm		@ Gale Bullman Multi-Purpose Building
Fri 2/28	HMS PTSO Kids' Night Out @ HMS 5:30-7:30pm		Scholar Bowl Varsity Tournament @ Oak Grove 8:30am



holdenschools.org 1612 S MAIN STREET HOLDEN, MO 64040 @HoldenSchools