



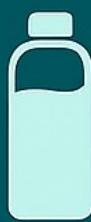
# Simple Ways to Reduce Plastics



Microplastics are small plastic materials (<5mm) that build up in ecosystems that affect humans, wildlife, and the environment.



Use Cloth  
Bags



Purchase a  
Reusable  
Water Bottle



Replace  
Utensils



Recycle  
Plastics